

Sr. Elizabeth Mwangi Professes Her Perpetual Vows



(Sr. Liz Mwangi (center) with (from left) ILT members Sisters Patricia Flynn, Judith Frikker, Terry Bednarz and Institute President Sr. Susan Sanders)

On Saturday, January 6th 2024, Sr. Elizabeth (Liz) Mwangi professed her perpetual vows as a Sister of Mercy in the Salve Regina Parlor at the Convent of Mercy in Merion, Pennsylvania. Originally from Kenya, Liz cites her grandmother as her inspiration, saying, “her prayers are what brought me to Mercy.” Liz began her religious life with the Missionaries of Charity. In 2013, she was immediately attracted to the charism of Catherine McAuley after meeting Sisters of Mercy from Ireland, who were ministering in Kenya. During a visit to Baggot Street in 2019, Liz met a group of Sisters of Mercy of the Americas and was “touched by the way they interacted amongst themselves.” She found herself drawn to Mercy’s commitment to standing with and speaking for the poor and marginalized and was granted the request to transfer to the Sisters of Mercy, which she began in January 2021. “The Mercy charism,” she said, “attracts me every day. I want to serve God in this family for the rest of my life.”



(Sr. Liz speaking via livestream to her family in Kenya with her brother John and transfer minister Sr. Megan Brown)

Among the readings Liz selected for the ceremony was a passage from the Gospel of John, including the verse, “I have told you this so that my joy may be in you and your joy may be complete. This is my commandment: love one another as I love you.” (John 15:11-12). Institute President Sr. Susan Sanders presided at the profession and presented Liz’s ring, inscribed with her motto, “By Grace.” Liz’s brother John Mwangi traveled from his home in Texas to attend the ceremony, and her family in Kenya watched via livestream.



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