

Mercy Housing Southwest Resident Services Program



Sharing meals

Southwest affordable housing properties in Arizona often encounter barriers to maintaining their independence, including obstacles to good health, stable housing, and basic needs, such as access to food. By providing food, crucial services, and support where residents live, the Mercy Housing Southwest Resident Services Program encourages seniors to engage in their community and maintain their well-being. The program helps residents to age in place with dignity, reduces isolation, and provides access to services and programs for residents to maintain their independence.

Diana Suquetz, resident services manager, works with each property to ensure that on-site food pantries are stocked, and that programming is resident-led and builds a sense of community.



Showing library cards

Describing the program’s benefits, Diana said, “Staff have worked diligently in coordinating food and household goods distributions throughout the year. This includes the delivery of fresh produce to help residents who otherwise may not have healthier food options due to transportation or financial limitations. These food distributions help encourage our residents to eat healthy and feel good as they continue to age in place.”

This article is part of a series about Mercy Fund for Ministry grant recipients and how their funded work lives out Mercy's Critical Concerns and Works of Mercy. The ministry provides food and services for older adults and meets people where they are in a spirit of community.



This article was first published in Mercy Now – the newsletter of the Sisters of Mercy of the Americas. For more information on the Sisters of Mercy of the Americas, please visit their website <https://sistersofmercy.org/>